

DRY NEEDLING STANDARDS OF PRACTICE

Dry needling is a physical therapy treatment which requires specialized physical therapy education and training for the utilization of such techniques.

1. Prior to utilizing dry needling techniques in patient treatment, a physical therapist shall submit to the Board written proof of successful completion of at least 150 hours of didactic education and training in dry needling with at least 25 hours from a postgraduate course which meets the requirements specified in the attached regulation and Chapter 640 of the Nevada Administrative Code.
(<https://www.leg.state.nv.us/NAC/NAC-640.html>).
2. **Instructions for submitting proof of compliance**
 - o Complete a Dry Needling Standards of Education and Training Verification Form. *Please see attached Dry Needling Verification Form.*
 - o Attach copies of applicable course certificates for post graduate Dry Needling courses, if available.
 - o Licensees who completed their Dry Needling coursework and/or training **prior to 06/05/2016** and no longer possess documentation of the required education certificates, or are unable to obtain certificates of attendance for post graduate dry needling courses, may complete a Dry Needling Attestation Form in order to document proof of completion of post graduate Dry Needling instruction and training. *Please see the attached Dry Needling Attestation Form.*
 - o Licensees who completed their Dry Needling coursework and/or training **after 06/05/2016** and do not possess documentation of the required education certificates, or are unable to obtain certificates of attendance for post graduate dry needling courses, must provide a chronological list of applicable dry needling coursework, including: Course Name, Course Completion Dates, Course Providers, and Number of Hours on a Dry Needling Attestation Form, in order to demonstrate proof of completion of post graduate Dry Needling instruction and training.
 - o Submit all completed documentation to the Board office by mail, fax or email to ptapplication@govmail.state.nv.us.
3. Before performing dry needling on a patient, a physical therapist must obtain a signed form which provides informed consent from the patient. The following information must be included on the consent form: 1) Dry Needling definitions (as listed in section 2 of Senate Bill 186, Chapter 277; 2) The description of the treatment and the risks/benefits of dry needling; and 3) The signature of the patient. *Please see the attached Sample Consent Form.*

Please Note: Practicing dry needling without compliance with these requirements constitutes unprofessional conduct and subjects a licensee to appropriate discipline by the Nevada Physical Therapy Board. Contact the Board office if you have any questions.