NEVADA PHYSICAL THERAPY BOARD NEVNSLETTER

October 2024

VISION

The Nevada Physical Therapy Board will be the leader in public protection through the promotion of safety, competence, and access to care.

MISSION

The Nevada Physical Therapy Board protects and promotes the health and safety of Nevadans by pursuing the highest quality of physical therapy practice through education, communication, licensing, legislation, regulation, and enforcement.

 NEW BOARD APPOINTEES

RULE CHANGES:
JURISPRUDENCE EXAM
CONTINUING COMPETENCY
NAME TAGS

SCAM WARNING

 MENTAL HEALTH RESOURCES

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BOARD CHAIR'S MESSAGE

Michael Laymon, PT, DCS, OCS



A Shared Vision for Advancing Physical Therapy in Nevada

Let me extend gratitude to all the dedicated physical therapy professionals, board members, and stakeholders who contribute to the growth and success of the field in Nevada.

Thank you for your continued dedication to advancing the practice of physical therapy in our state. Your commitment to excellence and patient care is truly commendable.

Welcome to our latest newsletter update.

In this edition, we aim to provide insightful updates on recent policy changes, board projects, professional development opportunities, member spotlights, and our vision for the future of physical therapy in Nevada.

We're All In This Together!

The 83rd Session of the Nevada Legislature begins on February 3, 2025. It is imperative that we closely monitor bills that have the potential to impact physical therapy practice. The Board will continue to take a proactive approach to stay informed, engaged, and advocate for policies that support quality patient care standards.

Get Involved

Join us as we dream big, think bold, and work towards a future where physical therapy is not just a service, but a pillar of health and wellness in the State of Nevada.

I invite you to actively engage with the Board and policymakers to promote accountability among practitioners, support legislation that improves access and ultimately contributes to improved patient outcomes in physical therapy. Together, we can continue to uphold the highest standards of practice and make a positive impact on the health and well-being of our communities.

Stay tuned for more updates, insights, and maybe a few bad jokes along the way. Let's walk this therapy road together, one bad pun at a time.

A NOTE FROM THE Executive Director



Welcome!

Fall is finally in the air and I couldn't be more excited!

In observance of National Physical Therapy Month, let us recognize and appreciate the invaluable contributions of the more than 3,600 dedicated Physical Therapists and Physical Therapist Assistants who play a vital role in enhancing the health and well-being of individuals across the State of Nevada.

I also want to express gratitude to the PTs, PTAs, public members, and staff who serve on the Nevada Physical Therapy Board and it's committees to help with regulation, governance, and service to the profession!

This newsletter serves as a direct line of communication, keeping you informed about important updates and intiatives. Your feedback is always appreciated, so please do not hesitate to reach out with any thoughts or suggestions for future editions. It's crucial for all licensed professionals to stay informed about changes that may impact their license. Please take a moment to ensure your board contact information is up-to-date. This helps us communicate important updates to you promptly.

Thank you for entrusting us with this opportunity to keep you informed and engaged - we value your readership immensely, and invite you to contact the Board office if you have any questions or need our assistance.



WHOM TO CALL IF YOU HAVE QUESTIONS

Management:	Charles D. Harvey, MPA Executive Director
Licensing / Continuing Ed:	Deanna Irby Board Operations
Investigations:	Deborah Dieter, PT Board Investigator

Practice Act Update **NEW RULES**

Nevada Jurisprudence Examination

The Nevada Jurisprudence Exam (NV JAM) is a free open-book, examination that assesses an individual's knowledge and understanding of the laws, regulations, and practice standards that govern physical therapy in the State of Nevada. Beginning Jan 1, 2025, all licensees must successfully complete a NV JAM each renewal period.

<u>This is a mandatory renewal requirement.</u> To complete the NV JAM, log in to your licensee portal and begin your license renewal. The NV JAM will begin on Step 4 of the license renewal process.

Continuing Competency: Diversity, Equity, Inclusion & Social Justice

Beginning Jan 1, 2025, every physical therapist and physical therapist assistant must complete 1 approved course or one continuing competency activity concerning diversity, equity, inclusion, social justice or ethics, each renewal period.

This is a mandatory renewal requirement: To satisfy this requirement, licensees may complete:

- An approved course or activity from the NVPTB or CE Broker website https://ptboard.nv.gov/CE/),
- An employee sponsored course/activity.

Licensee Name Tag Requirement

Each licensed physical therapist and physical therapist assistant must wear a name tag that identifies the licensee as a physical therapist or a physical therapist assistant, as applicable.

To view the complete list of adopted changes to NAC 640, visit https://ptboard.nv.gov/uploadedFiles/ptboardnvgov/content/Home/V 3/NAC640-ADOPTED-REGS.pdf.







BEWARE OF SCAM

Licensees should remain vigilant against the scams targeting Nevada providers. Recently, the board issued an alert about scammers calling providers, posing as Board staff, stating the provider is being investigated by the Board, FBI or DEA and their license has been suspended effective immediately.

If you get calls like this, ask yourself these questions:

- 1. Who is calling and why? If the caller claims to be a board investigator or law enforcement, have you received anything in writing? If not, hang up.
- 2. What is the timetable? Are you being pressured to give information or provide immediate payment?

3. Are you being told that you may not discuss the investigation with anyone? Are you being threatened with arrest or suspension of your license? If so, hang up and call the Board office to verify claims of an open complaint, investigation or disciplinary action.

If you are suspicious of a caller and believe it is a scam, hang up!

Take independent steps to verify the identity of someone claiming to be from the Board or law enforcement.



Remember...

Law enforcement authorities or government officials will never contact licensees by telephone to demand any form of payment, or to request personal or sensitive information.

When in doubt, STOP, THINK, and CONTACT the Nevada Physical Therapy Board (702) 876-5535!

LICENSEE CONTACT INFORMATION

Is your Contact Information up to date?

Licensees are required to notify the Nevada Physical Therapy Board of any changes in their residential address or primary professional address within 30 days after the change.

The Board considers a change in the primary professional address of a licensee to have occurred upon any change in the primary employment location.

Failure to notify the Board in writing of a change may result in the imposition of a fine or initiation of disciplinary proceedings against the licensee.

To update your contact information, simply log in to your licensee portal: (https://nptb.portalus.thentia cloud.net/webs/portal/servic e/#/login), and make the necessary changes. The Board ensures effective communication with licensees by utilizing the contact information within their database. This practice is critical in disseminating important updates, and notifications that impact practitioners in the field.

By maintaining accurate and up-to-date contact details for all licensees, the Board can ensure that essential information reaches each individual in a timely manner. Additionally, this system allows for efficient correspondence that may affect practitioners' ability to practice. Clear communication between the board and licensees fosters transparency, compliance with professional standards, and ultimately enhances patient care within the field of physical therapy.



Please be diligent in keeping your licensee information up to date and, if possible, remind your coworkers and employees.



BOARD NEWS

The NVPTB wishes to to express gratitude to the following board members for their commitment and dedication to fulfilling our mission.

JENNIFER NASH, PT, DPT, NSC

From 11/1/2018 to 10/31/2024, Jennifer served in various positions including Board Chair, Vice-Chair, Secretary/ Treasurer, Legislative Committee Member, and Member of the Advisory Committee on Continuing Competency.





JESSIE FISHER, PT, MPT, MBA, OCS

During her three-year term from 11/1/2021 to 10/31/2024, Jessie served as Vice-Chair, Secretary/Treasurer, Member of the Advisory Committee on Continuing Competency, and Investigative Board Member.

AARON STEVENS

Aaron served as the public member on the Board from 11/1/2021 to 10/31/2024, bringing diverse viewpoints and experiences which helped ensure that licensing requirements are reasonable and do not create unnecessary barriers to entry for new professionals.



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Effective 11/1/2024

WELCOME ABOARD

NEW BOARD MEMBERS



Anita Wagner Public Member

Anita has been an active participant for years on the advisory committee of the Nevada Dual Sensory Impairment Project in Reno, NV, both as a parent and committee member.

In 2008, she received the Family Advocate Award from the Nevada Disability and Advocacy Law Center, and that same year, she completed training in policymaking from Nevada Partners.

Anita's professional experience includes roles with Clark County School District, such as Sign Language assistant, Braille transcriber/assistant, clerical work, administrative assistance, and banking. As a parent of an adult with a chromosomal abnormality and multiple challenges, Anita is a strong advocate for support and services in all aspects. She is excited to serve as a NVPTB board member, where she can provide a unique perspect.



Joseph Indrieri, PT Board Member

After finishing his education and working in the corporate setting for the first 5 years of his career, Joe realized that the caliber of care provided at the time, was not what he believed to be sufficient for a quality patient experience.

Joe formed Dynamic Spine & Sport Rehabilitation, in an attempt to bring the roots of Physical Therapy back to the outpatient setting. His goal was to implement a healing touch as the primary focus of patient care.

Originally from the East coast, Joe made his way West to Las Vegas via Chicago where he earned a Bachelor of Science degree in Mathematics from DePaul University in 1994. He successfully completed his Master's degree in Kinesiology in 1999 and in Physical Therapy in 2003, both at The University of Nevada, Las Vegas.



Louis Hillegass III, PT Board Member

Louis Hillegass III, PT, MHA has over 30 years of clinical and administrative experience in the field of Physical Therapy.

First Licensed in 1993, he has held positions in outpatient, home health, hospice, acute and long-term care. He has served on multiple education and community boards in the past.

Lou completed his BS in Physical Therapy from Daemen College in 1993. In 2001, he received his MS in Health Services Administration from the University of St. Francis.

Lou was born and resides in Las Vegas. He and his wife have enjoyed raising their 3 children in Nevada and are blessed with 1 grandchild.

Lou looks forward to serving the citizens of Nevada as a member of our Physical Therapy Board.

NEWLY LICENSED PHYSICAL THERAPISTS (JULY - SEPTEMBER 2024)

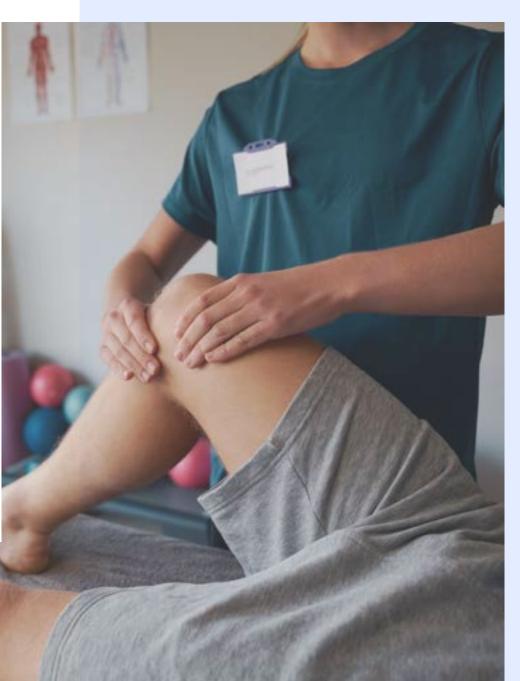
The NVPTB is pleased to welcome the following new licensees to the Nevada physical therapy community. This list consists of new graduates who recently passed the NPTE and received their permanent license, and practicitions from other states who have been granted licensure in the State of Nevada.

Last	First	License No.	Last	First	License No.	Last	First	License No.
Parker	Jennifer	6471	Seekins	Stanimira	6504	Tippens	Kanisha	6539
			Savage	Kaylee R.	6505	Gawedzki	Victoria	6540
Arnold	Phillip B.	6472	Abdurrazaq	Nimotallah	6506	Reizis	Daniel	6541
Wims	Melissa	6473	Horton	Tim	6507	Tran	Steven	6542
Martin	Vanessa	6474	Marasigan	Ross John B.	6508	DeHarty	Audrey	6543
Nutt	Brenden B.	6475	Barajas	Selene N.	6509	Best	Christopher	6544
Lorza-Lopez	Jorge A.	6476	Stone	Nicholas	6510	Quevedo Whimple	Rodrigo Makenzie	6545 6547
Hall	Theresa J.	6477	Hall	Olivia M.	6511	Garner	Stephen	6548
Stelk	Charles	6478	Milian	Denis	6512	Mendez	Shelby J.	6549
Creer	Bryson	6479	Shostak		- <u>.</u>	Cotic	Tomislav Mijo	6550
Bauer	Taylor	6480	Myers Fain	Harriet	6513	Fleming	Peter	6551
			Balverde	Mark A.	6514	Smith	Kayci L.	6552
Butler	Courtney E.	6481	Archibong	Enobong T.	6515	Mamauag	Mieko N.	6553
Pastrana	Jesica	6482	Ly	Binh	6516	Wu	Kin Wai	6554
DeVine	Katelyn	6483	Rivera-Alicea	Glysell	6517	Davis	Alyssa	6555
Gibbs	Dale	6484	Johnson	Tracy	6518	Ortiz	Jacob J.	6556
Watabayashi	Gavin	6485	Neudorfer	Jennifer	6519	Petty	Amanda	6557
Pohlman	Calypso	6486	Bhatt	Dulce F.	6520	Spositi Kelch	Alexander Kristi G.	6559 6560
Jumao as	Michael john	6487	Harvey	Christina C.	6521	Bobby	Justin	6561
Paulsen	Matthew T.	6488	Bautista	Jonathan L.	6522	Su	Linda M.	6562
Wiggers	Nicholas	6489	Fligge	Collin	6523	McCollister	Sarah A.	6563
			Kinoshita	Kaili	6524	Hall	Laura L.	6564
Malloy	Hannah	6490	Kaneta	Samantha	6525	lgot	Kayesha Rhean	6565
Stewart	Samantha A.	6491	Toribio	Julianne J.	6526		С.	
Jarina	Filgie R.	6492	Whitney	Mark	6527			*
Letkiewicz	Alicia	6493	Pfeifle	Bryce	6528			6
Pagatpatan	Elizabeth P.	6494	Savellano	Kyle Patrick	6529			
Castine	Amy	6495	Barayuga	Marife	6530		14 - 17	6
Kuo	Chun wen daniel	6496	Reyes- Rodriguez	Odlanier	6531	10	1 CA	
Hernandez	Emil G.	6497	Zipser	Mark C.	6532		1000	
Stevenson	Devin C.	6498	Klinger	Mikenna	6533	The second	a the	in the second
Gavino	Michael	6499	Koyle	Amy E.	6534	a di	13	CONTRACT
Hinshaw	Taylour J.	6500	Hampton	Carson E.	6535	Ser 1		ALL ALL
Zink	Paige Melvin	6501	Eva	Alyssa	6536		1	Line Line
Harris	James W.	6502	Diez	Trevor R.	6537			
Nyman	Zachary	6503	Friesen	Abigail	6538	and the	The second	

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NEWLY LICENSED PHYSICAL THERAPIST ASSISTANTS (JULY - SEPTEMBER 2024)

Last	First	License No.	
Nichols	Savanna	A-1699	
Alay	Princess Isabela	A-1700	
Santiago	Aeronchristoph	A-1701	
Camara	Chelsea	A-1702	
Faughender	Meghan A.	A-1703	
Syaiful	Muhammad	A-1704	
Laderas	Santiago C.	A-1705	
Mayor	Ivan Dave G.	A-1706	
Ramirez	Felicia	A-1707	
Hawkins	Nikiah-Rashied	A-1708	
Castro	Mary K.	A-1709	
Avalos	Bethany	A-1711	
Gao	Ning	A-1712	
Langenegger	Nicholas	A-1713	
Binen	Lucas	A-1714	
Knotts	Daenalyn	A-1715	
Mazon	Shelby	A-1716	
Kelly	Therese	A-1717	
Crow	Raina M.	A-1718	
McOwan	Dana	A-1719	
Maquiling	Anthon	A-1720	
Pineda	Justin	A-1721	
Millanes	Kirby	A-1722	



MY PERSPECTIVE

Gina McDade, PTA, Vice-Chair, NVPTB

Gina here,

It's been an eventful year at the Nevada Physical Therapy Board. As we prepare to welcome 2025, I want to share a bit about our accomplishments in 2024, while we look forward to the work ahead of us.

Over the last year, the NVPTB has achieved significant milestones and made notable progress in advancing its mission to regulate and ensure the highest standards of practice within the profession. Through rigorous licensure processes, continuing education requirements, and disciplinary actions when necessary, the board has worked tirelessly to promote public safety and protect consumers seeking physical therapy services.

This year, we adopted revisions to Chapter 640 of the Nevada Administrative Code. Through a multi-year analysis and feedback from stakeholders, updated regulations were approved to modernize language, and improve definitions to more accurately reflect the current state of practice. With additional changes under discussion, the updated Act adds clarity, and consistency and emphasizes the importance of ongoing professional development and continuing competency for PTs and PTAs to maintain high standards of care and stay current with advancements in the field.

The NVPTB made significant strides in incorporating technological enhancements to streamline operations and improve communications. By introducing an online portal for initial application, license renewal, continuing competency, license verification, and complaint processing, the Board modernized processes and overall effectiveness. Moving forward, the board remains committed to fostering a culture of excellence and innovation in physical therapy practice. Through ongoing collaborations with state and jurisdictional physical therapy boards acros the country, the NVPTB continues to explore and implement new guidelines, systems and best practices to enhance patient care outcomes.

2025 promises to be another busy year for the Board and we will continue to keep you informed of our key activities. We encourage you to stay informed by regularly checking for updates on our website, and actively participating in discussions surrounding issues that impact your profession. Your participation at our board meetings is welcome. This is where important decisions are made. Your voice matters, and we value your input and insights in helping us shape a better future for all involved. Together, we can achieve greater success by working collaboratively towards common goals and objectives.

Thank you for your dedication and commitment to this important endeavor.



Do you or a colleague you know struggle with a substance use or mental health disorder? The NVPTB encourages you to seek help!



NAMI is the National Alliance on Mental Illness. NAMI Nevada is the state organization dedicated to the improvement of the quality of life for persons affected by mental illnesses, by providing education, support, and advocacy.

NAMI offers peer support resources and confidential professional support resources. You can call the NAMI NV HelpLine – (775) 470-5600, a free, peer-support service providing information, resource referrals and support to people living with a mental health condition, their family members and caregivers, mental health providers and the public. The NAMI HelpLine is available Monday through Friday between 10 am and 10 pm ET at 800-950-6264.

The 988 Suicide and Crisis Lifeline offers free, 24/7, 365 day confidential crisis counseling, and you don't have to be in crisis to call or text -(800) 273-TALK or (800) SUICIDE.

The Crisis Text Line also offers free 24/7 mental health support. Text "SCRUBS" to 741741 for help.

Caring for others requires that you also care for yourself!

As a health care professional, you are already accustomed to stress. While every patient case may not noticeably affect you, daily stress can accumulate. Resiliency reduces the harmful effects of stress and trauma, acting as a buffer to help you maintain your well-being. It may help to know that trauma can create a variety of responses. Feelings of distress can be expressed in trouble sleeping, nightmares, feeling irritable, wanting to be alone, sudden emotions or even physical pain or symptoms.

There are ways to effectively cope with the experiences you face and the emotional responses that health care professionals often feel as a result. You already know that it's important to take care of yourself physically, and in order to serve safely and effectively, it's just as important to take care of your mental health.

Remember: If you are in crisis, there are resources you can turn to.

The American Physical Therapy Association (APTA) offers free resources to help PTs and PTAs manage stress levels and strengthen your mental and emotional well-being. To view resources for physical therapy professionals, visit: <u>https://www.apta.org/article/2023/05/22/mental-health-resources</u>, and explore the four pillars of APTA's Fit for Practice initiative for helpful tips, videos, and podcasts:

- 1. Resiliency, including mental health and stress management.
- 2. Restoration, including sleep and nutrition.
- 3. Movement, including strength and mobility.
- 4. Practice health, including professional development and practice management.



NAMI Website: https://www.nami.org/ NAMI NV Website: https://naminevada.org/

BOARD MEETINGS



The NVPTB conducts public meetings throughout the year for purposes of conducting administrative business concerning ratifying licenses, promulgating rules, and disciplinary matters.

Board meetings and open meeting notices can be accessed on the Board website. Links to each meeting can be accessed by visiting https://ptboard.nv.gov/About/Meetings/.

BOARD MEMBERS

- Michael Laymon, PT, <u>Chair</u>
- Gina McDade, PTA, Vice-Chair
- Anita Wagner, Public Member
- Joseph Indrieri, PT, DPT, Member
- Louis Hillegass III, PT, MHA, Member

UPCOMING MEETINGS

Board Meeting

November 15, 2024

Advisory Committee on Continuing Competence

• December 13, 2024

REMAINING OFFICE CLOSURE DATES - 2024

- Thursday, Nov 28, 2024, Thanksgiving
- Friday, Nov 29, 2024, Family Day
- Wednesday, Dec 25, 2024, Christmas

SPOTLIGHT ON FREE FSBPT RESOURCES

The Federation of State Boards of Physical Therapy (FSBPT) has compiled a wide range of tools, systems, standards, models and articles covering various topics within the field of physical therapy. This information is thoughtfully curated to provide professionals with up-to-date information, research, and best practices in the industry. Whether you're a licensing authority, an NPTE candidate, physical therapist, physical therapist assistant, educator, volunteer, or member of the general public, you can access these resources for free.

Ethics Articles: https://www.fsbpt.org/Free-Resources/Ethics-Articles

PT Compact: https://www.fsbpt.org/Free-Resources/ Physical-Therapy-Licensure-Compact

Telehealth: https://www.fsbpt.org/Free- Resources/ Regulatory Resources/ Telehealth-in-Physical-Therapy

Sexual Misconduct and Boundaries https://www.fsbpt.org/portals/0/documents/freeresources /Provider_Handout_Sexual_Misconduct.pd

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