

NEVADA PHYSICAL THERAPY BOARD NEWSLETTER

HAPPY
NEW
YEAR

January 2025

2025

VISION

The Nevada Physical Therapy Board will be the leader in public protection through the promotion of safety, competence, and access to care.

MISSION

The Nevada Physical Therapy Board protects and promotes the health and safety of Nevadans by pursuing the highest quality of physical therapy practice through education, communication, licensing, legislation, regulation, and enforcement.

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BOARD CHAIR'S MESSAGE

Michael Laymon,
PT, DCS, OCS



A Shared Vision for Advancing Physical Therapy in Nevada

2025 is shaping up to be a transformative year for physical therapy. By staying informed, embracing innovation, and committing to professional growth, you can position yourself and your practice for success.

Thank you for being an essential part of this dynamic profession. Here's to a productive and impactful year ahead!

Your Partner in Excellence,

Michael

Happy New Year!

As Chair of the Nevada Physical Therapy Board, I am thrilled to welcome you to 2025. This year brings incredible opportunities to advance our profession and reinforce our commitment to excellence in patient care.

In the year ahead, we will continue to prioritize initiatives that support your growth and enhance the delivery of physical therapy across our state. Here are a few key areas of focus for the Board in 2025:

Legislative Updates Impacting PT Practice

Several bills are under consideration by the Nevada Legislature in 2025. Key updates include:

- Physical Therapy Compact. *The PT Compact represents a significant step toward streamlining licensure and mobility for physical therapists (PTs) and physical therapist assistants (PTAs) across states that choose to participate.*
- Board Consolidation Efforts. *The consolidation of multiple occupational licensing boards into a single entity or fewer overarching boards could significantly impact the physical therapy profession in the State of Nevada.*
- *We will also be closely monitoring all bills that revise provisions to healthcare or impact the functions, regulations, or scope of practice of physical therapy.*

Professional Development

The Board is exploring partnerships to provide more continuing education resources tailored to Nevada's unique needs.

As always, your feedback and collaboration are invaluable. Please don't hesitate to reach out with ideas or concerns that can help us improve our shared mission. Here's to a successful and innovative 2025 for Nevada PTs & PTAs.

A NOTE FROM THE EXECUTIVE DIRECTOR



Happy New Year and welcome to 2025! As we step into the new year, I want to thank you for your continued dedication and encourage you to stay connected with the NVPTB as we move into an important year ahead.

Why Stay Connected?

Staying engaged with the NVPTB is more crucial than ever as we navigate the evolving landscape of healthcare, regulations, and legislative developments. Here are a few reasons why it's important to remain connected:

- **Advocacy & Impact:** Your participation helps ensure that the interests and values of the physical therapy community are represented at the state level.
- **Regulatory Updates:** By staying in the loop, you will receive timely updates on new regulations and standards that may impact your practice.
- **Professional Development:** The Board provides valuable resources to support your career growth, including continuing competence opportunities, and updates on best practices.

WHOM TO CALL IF YOU HAVE QUESTIONS

Management: **Charles D. Harvey, MPA**
Executive Director

Licensing: **Vacant**
Licensing Coordinator

Continuing Competence: **Deanna Irby**
Board Operations Support Specialist

Investigations: **Deborah Dieter, PT**
Board Investigator

Legislative Session Convenes February 3, 2025

The upcoming legislative session will be pivotal in shaping the future of physical therapy in our state. As we prepare for the session, several key issues will be on the table that could have a direct impact on your practice. We encourage you to stay informed and engage with your local representatives.

What You Can Expect:

- **Board Consolidation Bill:** SB78 seeks to consolidate multiple healthcare-related boards, including the NVPTB, the Chiropractic Board, the State Board of Oriental Medicine, the Board of Occupational Therapy, the Board of Athletic Trainers, and the Board of Massage Therapy. The responsibilities of these boards would be transferred to a newly created Nevada Board of Healing and Rehabilitative Practice.
- **PT Compact Bill:** The NVPTB is pursuing the Physical Therapy Licensure Compact (PTLC), which would allow PTs & PTAs licensed in other compact states to practice in Nevada without requiring additional licensure. This compact, which has been adopted by nearly 40 states, aims to increase access to physical therapy services and ease the process for licensed therapists to practice across state lines.
- **Other Healthcare /Occupational Licensing Bills:** There may be discussions surrounding the expansion or modification of the scope of practice for PTs & PTAs. Watch for potential legislative shifts that could affect licensure requirements and standards.

Stay Informed, Stay Involved!

Your voice and expertise will be vital in ensuring that any changes reflect the needs and realities of the profession and the community that we serve. As always, I encourage you to stay engaged with the Board. through our website, emails, and upcoming meetings.



REMINDER...

NEW YEAR, NEW LICENSURE REQUIREMENTS

Nevada Jurisprudence Examination

The Nevada Jurisprudence Exam (NV JAM) is a free open-book, examination that assesses an individual's knowledge and understanding of the laws, regulations, and practice standards that govern physical therapy in the State of Nevada. Beginning Jan 1, 2025, all licensees seeking license renewal must successfully complete a NV JAM each renewal period.

This is a mandatory renewal requirement. To complete the NV JAM, log in to your licensee portal and begin your license renewal. The NV JAM will begin on Step 4 of the license renewal process.

Continuing Competency: Cultural Inclusion, Access & Ethical Standards

Beginning Jan 1, 2025, all licensees seeking license renewal must complete one (1) approved course or one continuing competency activity concerning cultural inclusion, access and ethical standards (DEI), each renewal period.

This is a mandatory renewal requirement: To satisfy this requirement, licensees may complete:

- An approved course or activity from the NVPTB or CE Broker website (<https://ptboard.nv.gov/CE/>),
- An employee sponsored course/activity.

Licensee Name Tag Requirement

Each licensed physical therapist and physical therapist assistant must wear a name tag that identifies the licensee as a physical therapist or a physical therapist assistant, as applicable.

To view the complete list of adopted changes to NAC 640, visit: <https://ptboard.nv.gov/uploadedFiles/ptboardnvgov/content/Home/V3/NAC640-ADOPTED-REGS.pdf>.

ETHICAL & PROFESSIONAL CONDUCT

Nevada PTs and PTAs are held to rigorous ethical and professional conduct standards to ensure that patients receive the highest level of care. With updates to the regulatory environment set for 2025, it's crucial for practitioners to stay informed about the specific requirements governing their conduct.

This article provides an overview of the ethical and professional expectations for physical therapists in Nevada.

- 1. Commitment to Patient Welfare:** At the heart of Nevada's ethical standards is the unwavering commitment to patient welfare. Licensed PTs & PTAs are expected to provide care that prioritizes the health, safety, and well-being of their patients above all else. This includes: Confidentiality, Informed Consent and Professional Boundaries to ensure they always remain professional and free from any form of exploitation or inappropriate behavior.
- 2. Adherence to Legal and Regulatory Standards:** Nevada PTs & PTAs must abide by both state laws and federal regulations governing healthcare practice. The NV Practice Act (Chapter 640 of the Nevada Revised Statutes and the Nevada Administrative Code) provides scope of practice guidelines for licensure, professional conduct, and disciplinary actions.
- 3. Respect for Cultural Competence:** Nevada's increasingly diverse population requires PTs & PTAs to be culturally competent. This involves understanding and respecting the values, beliefs, and practices of patients from different backgrounds.

4. Ethical Decision-Making in Complex Cases: PTs & PTAs often encounter situations that require careful ethical decision-making. In complex cases, such as when a patient's ability to consent may be in question, or when a treatment might cause discomfort or harm, PTs & PTAs should follow the American Physical Therapy Association's (APTA) Code of Ethics, which provides a framework for resolving conflicts between personal values, professional obligations, and patient needs.

5. Accountability and Disciplinary Actions: The NVPTB plays a crucial role in ensuring compliance with ethical standards. Failure to uphold the required ethical and professional conduct can lead to disciplinary actions, including: Patient Complaints; Investigations and Disciplinary Outcomes.

For licensed PTs & PTAs practicing in Nevada, staying informed about ethical and professional conduct requirements is not only a legal obligation but also a moral one.

Please ensure that your licensee contact information is up-to-date to maintain seamless communication with the Board, especially regarding licensing, renewals, and important legislative updates.



NEWLY LICENSED

Physical Therapists & Physical Therapist Assistants (October - December 2024)

The NVPTB is pleased to welcome the following new licensees to the Nevada physical therapy community. This list consists of new graduates who recently passed the NPTE and received their permanent license, and practitioners from other states who have been granted licensure in the State of Nevada.

Last	First, MI	License Number
Arabe	Angela Joy G.	6566
Clark	Conner C.	6567
Nemecek	Kylie	6568
Frost	Erin	6569
Clemente	Jose Luis Antonio D.	6570
Nettlow	Russell	6571
Woodham	Selina	6572
Go	Jedd Anthony C.	6573
Re	Travis M.	6574
Sharp	Aaron B.	6575
Howar	Amanda R.	6576
Vuong	Linda	6577
Kramer	Nicolas	6578
Lee	Ashlee	6579
Javier	Maureen E.	6580
Ngo	Quan Sy	6581
Mantooth	Mary	6582
Jae Hyeong	Jeon	6583
McKnight	Kyle	6584
Alexander	Lisa	6585
Thomas	Austin	6586
Beckert	Cameron	6587
Tanicala	Bryson K.	6588
Alecu	George	6589
Almendralo-Buenviaje	Terra E.	6590
Shields	Hannah N.	6591
Prodoehl	Shirley	6592
Ono-Moore	Colin	6593
Singleton	Brittany	6594
Lee	Yinny H.	6595
Hadley	Annie	6596
Curtis	Jessica	6597
Kalathum Padikkal	RANJITH	6598

Last	First	License Number
Theinert	Zachary	6599
Jardine	Ashleigh B	6600
Martinez	Maria Lourdes FE A.	6601
Crisp	Monica I.	6602
Petrosyan	Lilit	6603
Escala	Johndar	6606
Frampton	Robert M.	6607
Rama	Stella Marie Dy	6608
Orgill	Devyn K.	6609
Mangukiya	Nikeeta	6610
Payamipour	Shayan	6611
Fruto	Juan Carlo N.	6612
Sloben	Allison L.	6613
Nixon	Kendra	6615
Peichel	Molly	6616
Choi	Myung Soo	6617
Siller	Eric	6618
Smith	Minette M.	6619
Zima	Andrew	6620
<u>Studitsky</u>	Petr	A-1723
Santos	Jerome Christian	A-1724
Tejada	Alejandro	A-1725
Villanueva	Anthony	A-1726
Moffatt	Courtney	A-1727
Gomez Irurita	Amy M.	A-1728
Osborne	Hannah	A-1729
Javler	Wilfredo	A-1730
Black	Brian	A-1731
Freiermuth	Grace	A-1732
Cu	Jennifer	A-1733
Ruiz-Garcia	Daniela	A-1734
Lombay	Steven	A-1735
Emata	Jacqueline M.	A-1736
Cagle	Josephine L.	A-1737

MY PERSPECTIVE

Gina McDade, PTA, NVPTB Vice-Chair

What is the Nevada Physical Therapy Board? What do they do, and what are the duties of a Board member?

When I received my appointment letter one year ago, I was in disbelief. It was a profound honor to be selected, but I also felt a wave of uncertainty. I wasn't entirely sure how the board functioned or what would be expected of me. At my first meeting, I quickly realized there was so much more to being a board member than I had imagined. The breadth and depth of the board's responsibilities, from protecting public safety to upholding the standards of our profession, were eye-opening. And yet, as I immersed myself in the work, I recognized that my years of experience as a Physical Therapist Assistant had uniquely prepared me for this role. My hands-on knowledge of patient care, collaboration with colleagues, and understanding of the challenges and rewards of our profession gave me a solid foundation to contribute meaningfully to the board's mission.

The duties of a board member on the Nevada Physical Therapy Board typically revolve around ensuring the regulation, licensing, and oversight of PTs and PTAs within the state. These responsibilities are designed to uphold professional standards, protect public health, and maintain the integrity of the physical therapy profession. Below are some of the key duties:

<p>LICENSING & CREDENTIALING</p> <ul style="list-style-type: none">• Review and approve applications for licensure and renewal.• Oversee jurisprudence examinations for candidates seeking licensure in Nevada.	<p>PUBLIC PROTECTION</p> <ul style="list-style-type: none">• Ensure the public has access to safe, ethical and competent PT services.• Educate the public about the scope and standards of physical therapy practice.	<p>PROFESSIONAL CONDUCT & DISCIPLINE</p> <ul style="list-style-type: none">• Investigate complaints and allegations of misconduct or violations of state regulations by licensees.• Conduct disciplinary hearings and impose appropriate penalties, such as fines, suspension, or revocation of licenses, when necessary.	<p>CONTINUING COMPETENCY & PROFESSIONAL DEVELOPMENT</p> <ul style="list-style-type: none">• Establish continuing competency requirements to ensure that PTs and PTAs remain up-to-date with advancements in the field.• Approve continuing competency programs that meet state standards.
<p>BOARD MEETINGS & COMMITTEES</p> <ul style="list-style-type: none">• Attend regular board meetings to discuss licensing, regulatory issues, and other matters affecting the profession.• Participate in subcommittees or task forces as needed to address specific concerns or projects.	<p>REGULATION & POLICY DEVELOPMENT</p> <ul style="list-style-type: none">• Develop, adopt, and enforce rules, policies, and regulations governing the practice of physical therapy in Nevada.• Ensure compliance with state laws and federal standards relevant to physical therapy.	<p>ADVOCACY & REPRESENTATION</p> <ul style="list-style-type: none">• Represent the NVPTB in state and national forums to collaborate with other boards and organizations.• Advocate for the physical therapy profession and contribute to policy discussions affecting healthcare regulation.	<p>ETHICAL & EQUITABLE DECISION-MAKING</p> <ul style="list-style-type: none">• Ensure decisions are made impartially and in accordance with the law and ethical principles.• Maintain confidentiality and act in the best interest of the public and the profession.

Over the past year, I've learned the importance of listening, collaborating, and making decisions that reflect the needs of the consumer of physical therapy services, applicants and active licensees, and the trust the public places in us. It has been a challenging and rewarding journey, and I am deeply grateful for the opportunity to serve. If you're interested in learning more about the function of the Board, I encourage you to view one of our Board meeting webcasts. It's an excellent way to gain insight into how we work to uphold the highest standards of care and public safety.

THERAPEUTIC CHUCKLES!

Get Ready to Flex Your Funny Bone:
Physical Therapy Jokes Ahead!

A JOKE FROM THE VICE-CHAIR

Question: What do you call a T-Rex who's been
working out all day?

Answer: ***Dino-Sore!***



A JOKE FROM BOARD STAFF

Question: Why did the physical therapist bring a
ladder to the session?

Answer: ***Because they wanted to help their
patient reach new heights!***



A JOKE FROM A LICENSEE

Question: What did the pinched nerve say to the
patient?

Answer: ***Before physical therapy, I was a pain
in the neck!***



HEARD IT THROUGH THE GRAPEVINE?

We know how it goes: you're at the water cooler, chatting with a colleague about the latest rule or regulation in the field. Maybe you overhear something in passing that sounds important. But before you take that info to heart (or worse, pass it on), let's make sure it's not a case of grapevine gossip.

In our ever-evolving field, rules and regulations can change faster than you can say "Did the PT supervision ratio's change? or What are the requirements for Dry Needling?"

While your colleagues' advice is invaluable, relying on hearsay can be a bit like taking advice from a fortune cookie. It's fun, but not always reliable.

Relying on unverified information can lead to misinformation, potentially compromising patient safety and treatment effectiveness.



**When grapes get
squished, they let
out a little wine.**



VERIFY IT WITH THE BOARD!

Here's the pro tip: When in doubt, contact your board office. They're the source of all the official information you need—like rules, regulations, and licensing updates—without the drama.

Whether you need clarification on a new regulation, have questions about continuing education requirements, or need to confirm the latest scope-of-practice changes, the Board office has you covered!

So, next time you hear something from a colleague that sounds too good to be true (or just plain confusing), pick up the phone, send an email, or give the board office a quick visit. It's better to verify than to be left holding the bag... or worse, a citation.

Stay informed. Stay compliant. Stay ahead of the curve. And keep those grapevine rumors where they belong—out of your patient care plan!

Know Your Rights as a Consumer of Physical Therapy Services

Whether you are managing chronic pain, recovering from an injury, or improving your mobility, the role of a licensed physical therapist or physical therapist assistant is invaluable. But did you know that ensuring your therapist is properly licensed is just as important as the treatment they provide. Licensing is a reflection of a therapist's education, training, and experience. To obtain a license, therapists must complete a rigorous program of accredited education, pass a national board examination, and meet continuing education requirements. A licensed therapist is bound by the ethical standards and laws governing their profession, ensuring they provide the highest quality of care.



Stay Connected

The NVPTB regularly updates the public about changes in regulations, continuing education opportunities for physical therapists and physical therapist assistants, and resources for patients.

Stay connected by:

- **Visiting Our Website:** For the latest information on licensing, regulations, and consumer resources, visit the NVPTB website or call the Board office.
- **Signing Up for Future Newsletters:** Be sure to subscribe to future newsletters to receive updates straight to your inbox.

As a patient, it's important to know your rights:

1. **Verify the licensure status of a PT or PTA:** Visit the NVPTB website, select "Verify a License", enter the therapist's name, and click "Search".
2. **Informed Consent:** Before beginning any physical therapy treatment, your PT must explain your treatment plan, including the goals, methods, and potential risks involved. You have the right to ask questions and make informed decisions about your care.
3. **Privacy and Confidentiality:** Your health information is protected by law. Physical therapists are required to follow strict confidentiality protocols, ensuring that your personal health data is kept private.
4. **Access to Care:** In Nevada, physical therapy services are available through direct access, which means you may not need a referral from your doctor to see a physical therapist. However, some insurance plans may still require a referral, so check with your provider for specifics.

Filing a Complaint: Your Voice Matters

The NVPTB is committed to ensuring that physical therapy services in our state are safe and effective. If you have a concern about the care you've received, here's what you can do:

Contact Us: If you believe a PT or PTA has acted unprofessionally or has violated ethical standards, you can file a complaint with the Nevada Physical Therapy Board. All complaints are taken seriously and thoroughly investigated.

How to File a Complaint: Visit the NVPTB website, select "File A Complaint / Disciplinary Actions", and complete the online complaint form. The NVPTB conducts investigations and may take disciplinary action to ensure that all licensees adhere to ethical standards, provide quality care, and maintain public safety.

BOARD MEETINGS



The NVPTB holds public meetings throughout the year for purposes of conducting administrative business concerning ratifying licenses, promulgating rules, and disciplinary matters.

Board meetings are open to the public. Interested persons may participate in person, via videoconference or telephone. Meeting agenda and open meeting notices can be accessed on the Board website. Links to each meeting can be accessed by visiting <https://ptboard.nv.gov/About/Meetings/>.

2025 Meeting Schedule

Board Meetings	Advisory Committee on Continuing Competency
Jan 24, 2025	Feb 7, 2025
March 21, 2025	Apr 4, 2025
May 16, 2025	Jun 6, 2025
July 18, 2025	Jul 11, 2025
Sep 12, 2025	Aug 1, 2025
Nov 21, 2025	Oct 3, 2025
-	Dec 13, 2025

NVPTB BOARD MEMBERS

- **MICHAEL LAYMON**, PT, Chair
- **GINA MCDADE**, PTA, Vice-Chair
- **ANITA WAGNER**, Public Member
- **JOSEPH INDRIERI**, PT, DPT, Member
- **LOUIS HILLEGASS III**, PT, MHA, Member

2025 Holiday Schedule

Date	Holiday
Jan 1, 2025	New Years Day
Jan 20, 2025	Martin Luther King Jr. Day
Feb 17, 2025	President's Day
May 26, 2025	Memorial Day
June 19, 2025	Juneteenth Day
July 4, 2025	Independence Day
Sep 1, 2025	Labor Day
Oct 31, 2025	Nevada Day
Nov 11, 2025	Veteran's Day
Nov 27, 2025	Thanksgiving Day
Nov 28, 2025	Family Day
December 25	Christmas Day

PARTNERSHIPS

We encourage you to visit the following organizations for valuable information and articles covering various topics within the field of physical therapy.

APTA Nevada: A Chapter of the American Physical Therapy Association. website: <https://www.aptanv.org>.

FSBPT: Federation of State Boards of Physical Therapy. website: www.fsbpt.org

PT Compact: website: www.ptcompact.org

NEVADA PHYSICAL THERAPY BOARD

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